



Projects ensuring equality in the society-Kallipateira
Co-funding
80% European Social Fund and 20% from National Resources



Am I free to have my own body?

Impacts of the ideal body patterns on teenagers

Ralleio Pilot School for Girls of Piraeus

The project challenges the dominant pattern for the ideal woman body, as it is promoted by the TV and lifestyle magazines.

It has focused on the examination of the ways this pattern is imposed on teenagers and the impacts it has on the psychology of teenagers mainly women.

The project started February 2008 and ended May 2008.

Coordinator: Katerina Villioti (teacher of physical education)

Teachers-members of the team: Anna Chatzianastasiou, Christina Tsolakidou and Dimitrios Kalaitzidis

School principal: Dimitrios Kalaitzidis



Classwork with the team